

Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.30	WILLIE GAULT		EAGLE ROCK, USA	2016/05/07
HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	12.70	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	12.70	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 14:15



28°C



58%

Final 1 **1/2**

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-3 LEUNG YAN WING	梁欣榮	55439 SCAA	13.67	+0.1	
2	1-5 TAM KING TONG	譚景棠	55442 SCAA	13.95	+0.1	
3	1-4 LO RAYMOND	勞思傑	55409 DBSAC	14.24	+0.1	
4	1-6 YIU KARO DAKCHISON JR.	姚啟鏘	55415 DBSAC	15.10	+0.1	
5	1-2 LUK KING HANG	陸敬行	55410 DBSAC	15.55	+0.1	
	1-7	李國偉	55395 DBSAC	DNS		
	1-8 CHENG RONNIE	鄭基恩	55400 DBSAC	DNS		

Final 2 **2/2**

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-4 LAM WAI KEUNG GALEN	林威強	55436 SCAA	12.65	+0.9	HKMACR, R
2	2-6 WANG JIAN	王堅	55443 SCAA	12.90	+0.9	
3	2-5 LAM TSUN FAT	林俊發	55435 SCAA	13.07	+0.9	
4	2-7 KANG KWOK KEUNG DEREK	江國強	55433 SCAA	13.23	+0.9	
5	2-2 SO TAK KING	蘇德擎	55441 SCAA	13.27	+0.9	
6	2-1 LI WAI HO	李偉浩	55440 SCAA	14.40	+0.9	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



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Masters ACR	12.70	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	12.70	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	TKO SG	2017/11/11



29 2023/10/29



Start: 14:15



28°C



58%

Final 2 / 2

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
	2-8 FONG ALAN	鄭耀才	55405 DBSAC	DNS		

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HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
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Masters ACR	12.70	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	12.70	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 14:15



28°C



58%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-4	LAM WAI KEUNG GALEN	林威強	55436 SCAA	12.65	+0.9	HKMACR, R
2	2-6	WANG JIAN	王堅	55443 SCAA	12.90	+0.9	
3	2-5	LAM TSUN FAT	林俊發	55435 SCAA	13.07	+0.9	
4	2-7	KANG KWOK KEUNG DEREK	江國強	55433 SCAA	13.23	+0.9	
5	2-2	SO TAK KING	蘇德擎	55441 SCAA	13.27	+0.9	
6	1-3	LEUNG YAN WING	梁欣榮	55439 SCAA	13.67	+0.1	
7	1-5	TAM KING TONG	譚景棠	55442 SCAA	13.95	+0.1	
8	1-4	LO RAYMOND	勞思傑	55409 DBSAC	14.24	+0.1	
9	2-1	LI WAI HO	李偉浩	55440 SCAA	14.40	+0.9	
10	1-6	YIU KARO DAKCHISON JR.	姚啟鏘	55415 DBSAC	15.10	+0.1	
11	1-2	LUK KING HANG	陸敬行	55410 DBSAC	15.55	+0.1	
	1-7		李國偉	55395 DBSAC	DNS		
	1-8	CHENG RONNIE	鄭基恩	55400 DBSAC	DNS		
	2-8	FONG ALAN	鄺耀才	55405 DBSAC	DNS		

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 100MH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	14.25	HERBERT KREINER		NYiREGYHaZA,	2010/07/22
Masters ACR	18.32	LAM WAI KIN 林偉堅			2022/12/04
HKMAC RECORD	18.32	LAM WAI KIN 林偉堅			2022/12/04



2023/10/29



Start: 09:50



27°C



66%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	LAM WAI KEUNG GALEN	林威強	55436 SCAA	16.23	+1.0	HKMACR, R
2	1-3	WONG CHEONG TAI TAIDY	黃昌泰	55451 SJACS	19.25	+1.0	
3	1-5	LAM WAI KIN	林偉堅	55437 SCAA	19.57	+1.0	
4	1-7	KWOK KA FAI	郭嘉輝	55428 Pacers	23.53	+1.0	
	1-6	TANG TIN CHAI	鄧天齊	55412 DBSAC	DQ		TR22.6.2 不正當地撞倒或移動 knocking down / displacing a hurdle in an illegal way
	1-2	CHAN JEFFREY	陳敬嚴	55398 DBSAC	DNS		

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 1500M

Record	Perf	Athlete	Event	Place	Date
		WMA RECORD 4:12.35 KEITH BATEMAN		SACRAMENTO, USA	2011/07/15
		HONG KONG RECORD 3:55.60 DAVE GIBSON			1972/03/07



2023/10/29



Start: 15:25



27°C



69%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-15	LAM TSUN FAT	林俊發	55435 SCAA	5:38.41	
2	1-11	HUI HU NORMAN		55390 AVOHK	5:39.65	
3	1-17	CHING TANG FOON STEPHEN	程騰歡	55388 AVOHK	5:50.43	
4	1-10	LAI KOON SHING	賴官勝	55391 AVOHK	5:56.17	
5	1-13	WONG TAI CHUN MARK	王大鈞	55414 DBSAC	6:01.91	
6	1-14	AU YEUNG VINCENT		55418 LSCAC	7:26.51	
	1-16	CAPPER MICHAEL DAVID		55387 AVOHK	DNS	
	1-12	LAW WAI KEI	羅偉基	55422 LSCAC	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	23.24	WILLIE GAULT		EAGLE ROCK, USA	2016/05/07
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	26.13	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	26.13	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 11:20



28°C



70%

Final 1 **1/2**

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-5 LI WAI HO	李偉浩	55440 SCAA	29.23	+0.8	
2	1-6 TAM KING TONG	譚景棠	55442 SCAA	29.88	+0.8	
3	1-3 YU TAK KWONG	余德廣	55416 DBSAC	30.26	+0.8	
4	1-7 YIU KARO DAKCHISON JR.	姚啟鏘	55415 DBSAC	31.21	+0.8	
	1-4	李國偉	55395 DBSAC	DNS		

Final 2 **1/2**

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5 WANG JIAN	王堅	55443 SCAA	26.38	0.0	
2	2-3 KANG KWOK KEUNG DEREK	江國強	55433 SCAA	26.85	0.0	
3	2-6 LAM TSUN FAT	林俊發	55435 SCAA	27.16	0.0	
4	2-7 SO TAK KING	蘇德擎	55441 SCAA	27.52	0.0	
	2-4 FONG ALAN	鄭耀才	55405 DBSAC	DNS		

Summary

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5 WANG JIAN	王堅	55443 SCAA	26.38	0.0	
2	2-3 KANG KWOK KEUNG DEREK	江國強	55433 SCAA	26.85	0.0	

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Men's M55 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	23.24	WILLIE GAULT		EAGLE ROCK, USA	2016/05/07
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	26.13	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	26.13	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 11:20



28°C



70%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
3	2-6	LAM TSUN FAT	林俊發	55435 SCAA	27.16	0.0	
4	2-7	SO TAK KING	蘇德擎	55441 SCAA	27.52	0.0	
5	1-5	LI WAI HO	李偉浩	55440 SCAA	29.23	+0.8	
6	1-6	TAM KING TONG	譚景棠	55442 SCAA	29.88	+0.8	
7	1-3	YU TAK KWONG	余德廣	55416 DBSAC	30.26	+0.8	
8	1-7	YIU KARO DAKCHISON JR.	姚啟鏘	55415 DBSAC	31.21	+0.8	
	1-4		李國偉	55395 DBSAC	DNS		
	2-4	FONG ALAN	鄭耀才	55405 DBSAC	DNS		

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	52.24	CHARLES ALLIE		CAROLINA, PUR	2003/07/12
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	59.18	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	59.18	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 11:45



27°C



62%

Final 1 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	KANG KWOK KEUNG DEREK	江國強	55433 SCAA	1:05.25	
2	1-6	YU TAK KWONG	余德廣	55416 DBSAC	1:10.72	
3	1-4	LEE YIU TING ALBERT	李耀廷	55438 SCAA	1:11.23	
4	1-7	AU YEUNG VINCENT		55418 LSCAC	1:28.81	
	1-5	CHENG RONNIE	鄭基恩	55400 DBSAC	DNS	

Final 2 **2/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	WANG JIAN	王堅	55443 SCAA	1:00.69	
2	2-5	LAM TSUN FAT	林俊發	55435 SCAA	1:01.05	
3	2-7	SO TAK KING	蘇德擎	55441 SCAA	1:02.57	
	2-3	FONG ALAN	鄺耀才	55405 DBSAC	DNS	
	2-6	LEE EDWARD	李明瀚	55423 LSCAC	DNS	
	2-8	LI WAI HO	李偉浩	55440 SCAA	DNS	

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	WANG JIAN	王堅	55443 SCAA	1:00.69	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	52.24	CHARLES ALLIE		CAROLINA, PUR	2003/07/12
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	59.18	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	59.18	WANG JIAN 王堅	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 11:45



27°C



62%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
2	2-5	LAM TSUN FAT	林俊發	55435 SCAA	1:01.05	
3	2-7	SO TAK KING	蘇德擎	55441 SCAA	1:02.57	
4	1-3	KANG KWOK KEUNG DEREK	江國強	55433 SCAA	1:05.25	
5	1-6	YU TAK KWONG	余德廣	55416 DBSAC	1:10.72	
6	1-4	LEE YIU TING ALBERT	李耀廷	55438 SCAA	1:11.23	
7	1-7	AU YEUNG VINCENT		55418 LSCAC	1:28.81	
	1-5	CHENG RONNIE	鄭基恩	55400 DBSAC	DNS	
	2-3	FONG ALAN	鄺耀才	55405 DBSAC	DNS	
	2-6	LEE EDWARD	李明瀚	55423 LSCAC	DNS	
	2-8	LI WAI HO	李偉浩	55440 SCAA	DNS	

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Hong Kong Masters Athletics Club
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Men's M55 - 400MH

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	57.73	GETULIO ECHEANDIA JR		AMES, USA	2019/07/14



2023/10/28



Start: 14:20



27°C



74%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	WONG CHEONG TAI TAIDY	黃昌泰	55451 SJACS	1:20.64	
2	1-6	KWOK KA FAI	郭嘉輝	55428 Pacers	1:30.34	
3	1-3	LO KWAN LOK	盧鈞樂	55431 PKMSAA	1:48.19	
4	1-2	YIU KARO DAKCHISON JR.	姚啟鏘	55415 DBSAC	1:48.64	
5	1-5	CHAN JEFFREY	陳敬嚴	55398 DBSAC	2:17.96	
	1-4	LAM WAI KEUNG GALEN	林威強	55436 SCAA	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	46.16	FRANKLYN, WALCOTT, ROSS, OLIVE		RICCIONE, ITA	2007/09/15
HONG KONG RECORD	38.47	HONG KONG TEAM			2012/05/26
Masters ACR	51.45	SCAA M55 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	51.45	SCAA M55 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/29



Start: 16:25



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	南華 M55 4X100米 (A) 林俊發, 江國強, 王堅, 林威強		SCAA	51.30	HKMACR, R
2	1-6	南華 M55 4X100米 (B) 李偉浩, 梁欣榮, 李耀廷, 譚景棠		SCAA	54.11	
3	1-7	DBSAC M55 4X100米 (A) 唐俊勳, 余德廣, 鄧天齊, 勞思傑		DBSAC	55.40	
4	1-3	LSCAC M55 4X100米 顧向聖, 梁國偉, 黃澤賢, 羅偉基		LSCAC	59.35	
5	1-4	DBSAC M55 4X100米 (B) 李國偉, 姚啟鏘, 陸敬行, 陳敬嚴		DBSAC	1:01.04	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 4X400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:40.62	ALLIE, HAYWOOD, COLLINS, GRANT		PHILADELPHIA,	2010/04/23
HONG KONG RECORD	3:11.28	HONG KONG TEAM			2014/09/29
Masters ACR	4:21.94	DBSAC M55 4X400M (A)			2022/11/27
HKMAC RECORD	4:21.94	DBSAC M55 4X400M (A)			2022/11/27



28 2023/10/28



Start: 16:30



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	南華 M55 4X400米 (A) 蘇德擎, 王堅, 江國強, 林俊發		SCAA	4:14.77	HKMACR, R
2	1-7	南華 M55 4X400米 (B) 廖卓良, 彭國治, 孫樹坤, 黃卓然		SCAA	4:47.91	
3	1-6	DBSAC M55 4X400米 (A) 姚啟鏘, 王大鈞, 唐俊勳, 余德廣		DBSAC	4:57.62	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 5000M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 15:29.70		KEITH BATEMAN		BLACKTOWN,	AUS2011/01/05
HONG KONG RECORD 14:37.14		TSE CHUN YIN 謝俊賢	TCAA Open Athletics Championship	Wan Chai	2022/12/17
Masters ACR 20:01.99		CHENG Hin 鄭騫	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD 20:01.99		CHENG Hin 鄭騫	Hong Kong Masters Athletics	TKO SG	2017/11/11

2023/10/28 Start: 10:07 End: 10:47 28°C 70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-10	CAPPER MICHAEL DAVID		55387 AVOHK	18:30.26	HKMACR, R <i>Split: 03:38.02 (3:38.02) 07:24.30 (3:46.28) 11:11.21 (3:46.91) 14:55.61 (3:44.41) 18'30.259 (3:34.38)</i>
2	1-9	YUEN TAK SHUN	袁德信	55432 PoliceAC	18:59.14	HKMACR, R <i>Split: 03:41.20 (3:41.20) 07:24.53 (3:43.33) 11:07.100 (3:42.57) 14:55.94 (3:48.84) 18'59.140 (4:03.06)</i>
3	1-1	LAW WAI KEI	羅偉基	55422 LSCAC	19:14.89	HKMACR, R <i>Split: 03:41.75 (3:41.75) 07:33.99 (3:52.25) 11:30.100 (3:56.10) 15:24.12 (3:54.02) 19'14.89 (3:49.88)</i>
4	1-2	YIP KAM KWONG	葉錦光	55429 Pacers	20:11.76	<i>Split: 03:48.01 (3:48.01) 07:46.00 (3:57.99) 11:47.19 (4:01.19) 16:02.84 (4:15.66) 20'11.759 (4:08.15)</i>
5	1-8	HUI HU NORMAN		55390 AVOHK	20:53.94	<i>Split: 03:58.18 (3:58.18) 08:04.81 (4:06.63) 12:17.45 (4:12.64) 16:40.55 (4:23.11) 20'53.940 (4:12.44)</i>
6	1-12	FUNG WAI CHEONG	馮偉昌	55389 AVOHK	21:29.89	<i>Split: 04:06.46 (4:06.46) 08:29.84 (4:23.38) 12:52.54 (4:22.70) 17:14.10 (4:21.57) 21'29.890 (4:14.89)</i>
7	1-4	CHING TANG FOON STEPHEN	程騰歡	55388 AVOHK	21:43.84	<i>Split: 03:57.64 (3:57.64) 08:05.66 (4:08.03) 12:31.03 (4:25.36) 17:05.85 (4:34.82) 21'43.839 (4:37.15)</i>
8	1-3	LAI KOON SHING	賴官勝	55391 AVOHK	22:18.88	<i>Split: 04:13.94 (4:13.94) 08:39.57 (4:25.64) 13:12.31 (4:32.73) 17:51.55 (4:39.25) 22'18.880 (4:26.44)</i>
9	1-11	CHONG CALVIN		55449 SIN	24:09.37	<i>Split: 04:18.59 (4:18.59) 09:06.27 (4:47.68) 14:06.90 (5:00.63) 19:15.33 (5:08.43) 24'09.370 (4:53.67)</i>

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 5000M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 15:29.70		KEITH BATEMAN		BLACKTOWN, AUS	2011/01/05
HONG KONG RECORD 14:37.14		TSE CHUN YIN 謝俊賢	TCAA Open Athletics Championship	Wan Chai	2022/12/17
Masters ACR 20:01.99		CHENG Hin 鄭騫	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD 20:01.99		CHENG Hin 鄭騫	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/28



Start: 10:07
End: 10:47



28°C



70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
10	1-7		高宇康	55393 DBSAC	27:58.19	
						<i>Split: 04:53.35 (4:53.35) 10:27.86 (5:34.51) 16:08.23 (5:40.37) 22:03.75 (5:55.53) 27:58.190 (5:54.24)</i>
	1-6	HUNG FAN KEE FREDERICK	孔繁基	55420 LSCAC	DNS	
						<i>Split:</i>
	1-5	WONG TAI CHUN MARK	王大鈞	55414 DBSAC	DNS	
						<i>Split:</i>

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-41	KWOK KA FAI	郭嘉輝	55428 Pacers	33:47.11	
2	1-40	LO KENNY	羅偉基	55408 DBSAC	35:54.63	<i>Split: 07:06.90 (7:06.90) 14:19.06 (7:12.17) 21:35.40 (7:16.33) 28:47.64 (7:12.25) 35:54.629 (7:06.35)</i>
	1-39	CHONG CALVIN		55449 SIN	DQ	
	1-52	HO SHIU KEI, JAMES	何紹基	55406 DBSAC	DNS	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 800M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	2:02.92	PETER OBERLIEBEN		SCHWALBACH, GER	2016/05/07
HONG KONG RECORD	1:52.17	LEUNG TAK WAI 梁達威			1999/04/18
Masters ACR	2:19.66	LAM TSUN FAT 林俊發			2022/11/27
HKMAC RECORD	2:19.66	LAM TSUN FAT 林俊發			2022/11/27

2023/10/28 Start: 15:25 26°C 84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	LAM TSUN FAT	林俊發	55435 SCAA	2:29.59	
2	1-6	SO TAK KING	蘇德擎	55441 SCAA	2:35.19	
3	1-5	LAW WAI KEI	羅偉基	55422 LSCAC	2:36.66	
4	1-7	WONG TAI CHUN MARK	王大鈞	55414 DBSAC	2:51.12	
5	1-3	AU YEUNG VINCENT		55418 LSCAC	3:20.76	
	1-8	CHONG CALVIN		55449 SIN	DQ	TR17.5 未越過搶道線或搶道 leaving the assigned lane / track before the breakline / breakpoint

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	17.50	KLAUS LIEDTKE		GELSENKIRCHEN,	1996/07/21
Masters ACR	10.34	FONG ALAN 鄺耀才			2022/11/27
HKMAC RECORD	10.34	FONG ALAN 鄺耀才			2022/11/27



2023/10/28



Start: 08:30



25°C



93%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-8	LAM CHI KEUNG 林志強	55430 PKMSAA	9.79m.		9.79	x	9.57	9.19
2	1-14	HO CHI HIN MARCUS 何志軒	55453 TCAA	8.90m.		8.90	8.73	x	8.55
3	1-16	HO CHI CHEUNG FELIX 何志翔	55452 TCAA	8.43m.		8.24	8.43	8.27	8.41
4	1-15	CHAN PAK HAY SIMON 陳栢熙	55399 DBSAC	8.25m.		7.50	x	8.25	7.35
5	1-11	高宇康	55393 DBSAC	8.01m.		8.01	7.40	6.55	-
6	1-13	KOO HEUNG SHING PETER 顧向聖	55421 LSCAC	7.75m.		7.75	7.41	7.33	7.59
7	1-6	HUANG MARK 黃嘉為	55419 LSCAC	7.68m.		7.68	7.26	7.44	7.10
8	1-3	LOUEY CHI CHING ALAN 雷治正	55424 LSCAC	7.64m.		7.22	x	7.12	7.64
9	1-12	LEUNG JEROME TY 梁振志	55407 DBSAC	7.13m.		6.60	6.47	6.57	7.13
10	1-7	CHAN JEFFREY 陳敬嚴	55398 DBSAC	6.99m.		6.99	x	5.99	-
11	1-2	LO KWAN LOK 盧鈞樂	55431 PKMSAA	6.60m.		6.60	6.36	6.42	6.43
12	1-9	NG KA YIU 吳家耀	55411 DBSAC	6.60m.		6.39	6.60	5.98	5.26
13	1-5	AU PETER 歐永照	55396 DBSAC	6.46m.		6.37	6.46	6.17	-
14	1-10	李國偉	55395 DBSAC	6.39m.		6.22	6.39	5.64	5.54
15	1-4	LUK KING HANG 陸敬行	55410 DBSAC	5.51m.		4.36	5.51	5.03	-
16	1-1	LEE YIU TING ALBERT 李耀廷	55438 SCAA	5.50m.		5.50	5.02	-	-

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	17.50	KLAUS LIEDTKE		GELSENKIRCHEN,	1996/07/21
Masters ACR	10.34	FONG ALAN 鄺耀才			2022/11/27
HKMAC RECORD	10.34	FONG ALAN 鄺耀才			2022/11/27



28 2023/10/28



Start: 08:30



25°C



93%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
	1-17	FONG ALAN 鄺耀才	55405 DBSAC	DNS					

long jump shot put javelin 5000m discus 100m 80m hurdles 200m 110m hurdles 300m hurdles 100m high jump 100m walk 4x100m 4x400m

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主辦單位:



協辦機構:



合作夥伴:



DESIGN CONSULTANTS
意樂設計顧問



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Long Jump



	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	6.50	GIANNI BECATTI		MaLAGA, ESP	2018/09/09
	HONG KONG RECORD	8.12	CHAN MING TAI 陳銘泰	Hong Kong Athletic Championships	Wan Chai	2016/05/07
	Masters ACR	5.77	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
	HKMAC RECORD	5.77	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 10:20



27°C



66%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-6	WONG CHEONG TAI TAIDY 黃昌泰	55451 SJACS	4.49m.		4.26 -0.2	4.29 +0.1	4.30 +0.2	4.49 +0.6
2	1-4	TAM KING TONG 譚景棠	55442 SCAA	4.32m.		4.19 +0.5	2.79 +1.0	4.32 -1.2	4.24 -0.6
3	1-7	TANG TIN CHAI 鄧天齊	55412 DBSAC	4.30m.		4.20 +0.4	4.13 +0.4	4.20 -0.2	4.30 +0.2
4	1-3	HO CHI KUEN 何智權	55450 SJACS	4.23m.		4.11 +0.7	4.06 +0.3	3.94 +0.4	4.23 -0.1
5	1-5	馮正昌	55394 DBSAC	4.15m.		3.92 -1.2	4.15 +0.2	3.80 +0.9	r
6	1-2	AU SHEK SAU 歐碩修	55397 DBSAC	3.25m.		x	3.17 -1.2	3.25 -0.3	x
	1-1	LO KWAN LOK 盧鈞樂	55431 PKMSAA	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	66.76	ROALD BRADSTOCK		CLERMONT, USA	2017/05/13
Masters ACR	38.80	HO CHI CHEUNG FELIX 何志翔	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	38.80	HO CHI CHEUNG FELIX 何志翔	The 6th Hong Kong Masters	TKO SG	2021/09/11



28 2023/10/28



Start: 10:10



28°C



70%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-9	HO CHI CHEUNG FELIX 何志翔	55452 TCAA	37.80m.		37.80	34.08	34.03	36.16
2	1-8	CHAN JEFFREY 陳敬嚴	55398 DBSAC	35.31m.		35.31	10.64	x	34.75
3	1-7	HO CHI HIN MARCUS 何志軒	55453 TCAA	33.25m.		33.25	31.25	31.82	31.70
4	1-5	TANG TIN CHAI 鄧天齊	55412 DBSAC	31.70m.		22.75	30.57	31.57	31.70
5	1-4	HUANG MARK 黃嘉為	55419 LSCAC	31.52m.		x	31.52	27.29	27.57
6	1-1	LAM CHI KEUNG 林志強	55430 PKMSAA	30.82m.		x	30.82	23.17	x
7	1-6	AU PETER 歐永照	55396 DBSAC	23.65m.		17.92	22.55	23.65	x
8	1-3	NG KA YIU 吳家耀	55411 DBSAC	23.05m.		21.19	22.93	x	23.05
	1-2	LEUNG JEROME TY 梁振志	55407 DBSAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	64.58	KLAUS LIEDTKE		MEDELBY, GER	2000/10/08
Masters ACR	29.70	Ampuan Md Khifli	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	29.46	CHAN PAK HAY SIMON 陳栢熙			2022/12/04



2023/10/29



Start: 15:50



26°C



72%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-15	CHAN PAK HAY SIMON 陳栢熙	55399 DBSAC	30.06m.	HKMACR, R	25.68	30.06	28.86	24.64
2	1-12	HO CHI CHEUNG FELIX 何志翔	55452 TCAA	28.48m.		27.40	19.90	27.17	28.48
3	1-13	CHAN JEFFREY 陳敬嚴	55398 DBSAC	25.94m.		24.94	25.61	25.94	x
4	1-10	LOUEY CHI CHING ALAN 雷治正	55424 LSCAC	25.40m.		23.45	25.40	x	x
5	1-14	HO CHI HIN MARCUS 何志軒	55453 TCAA	24.04m.		x	7.69	x	24.04
6	1-8	KOO HEUNG SHING PETER 顧向聖	55421 LSCAC	23.42m.		22.90	22.87	23.42	21.03
7	1-7	AU PETER 歐永照	55396 DBSAC	21.04m.		17.39	16.34	21.04	17.43
8	1-6	LI WAI HO 李偉浩	55440 SCAA	21.01m.		17.88	18.91	21.01	x
9	1-2	LAM CHI KEUNG 林志強	55430 PKMSAA	18.83m.		18.83	x	x	x
10	1-9	馮正昌	55394 DBSAC	18.47m.		18.47	x	18.18	x
11	1-5	LUK KING HANG 陸敬行	55410 DBSAC	17.54m.		16.45	17.02	17.54	17.40
	1-3	SO TAK KING 蘇德擎	55441 SCAA	NM		x	x	x	x
	1-4	李國偉	55395 DBSAC	DNS					
	1-11	FONG ALAN 龐耀才	55405 DBSAC	DNS					
	1-1	LEUNG JEROME TY 梁振志	55407 DBSAC	DNS					

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主辦單位:



協辦機構:



合作夥伴:



合作媒體:

